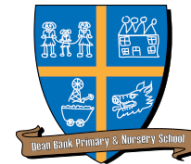




Dean Bank Primary School and Nursery PE - Medium Term Plan



Subject Area: Invasion Games

Term: Summer

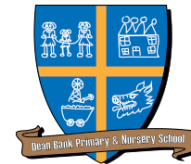
Class: 4

<p><u>Core Task</u> Three Touch Ball (football focus)</p>	<p><u>National Curriculum</u> Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>Compare their performance with previous ones and demonstrate improvement to achieve their personal best.</p>
<p><u>Key Terms</u> Invasion, sending and receiving, passing time, tactics, applying game skills, stamina, body changes, attacking, defending, dribbling, possession</p>	<p><u>Key Skills</u> Selecting a ball that they can send and receive well. Moving into different positions to receive the ball. Sending the ball with a suitable technique. Moving to try and intercept the ball. Identifying what they and others have done well. Working with others to make progress towards the goals. Using space well. Keeping possession and control of the ball.</p>

Learning Objective	Skill Focus (Physical Skills, Thinking Skills, Team Skills)	Key Questions	Activities and Differentiation	Equipment needed
<p>Core Task Assessment</p> <p>I can send and receive a ball with increasing accuracy.</p> <p>I can keep possession and control of the ball.</p> <p>I can work with others to make progress towards a goal.</p> <p>I can use space well in a game.</p> <p>I can move to try to intercept the ball.</p> <p>I can switch my tactics to suit my role in the game.</p>	<p>Selecting a ball that they can send and receive well.</p> <p>Moving into different positions to receive the ball.</p> <p>Sending the ball with a suitable technique.</p> <p>Moving to try and intercept the ball.</p> <p>Identifying what they and others have done well.</p> <p>Working with others to make progress towards the goals.</p> <p>Using space well.</p>	<p>Why did you choose to play with that particular kind of ball?</p> <p>What did you do to try and intercept the ball?</p> <p>What techniques did you use to throw the ball?</p> <p>What did you do best? What did you find most difficult?</p> <p>Who else played well in your team? What did they do well?</p> <p>When would you use an overarm throw/ underarm throw?</p>	<p>Three Touch Ball – This core task involves children trying to score as many goals as possible by passing a ball at least three times before throwing it into a hoop. It is played up in an area up to 15metres long with two hoops (goals) at one end. The pupils work in groups of four, with three attackers and one defender. They are given a choice of balls to play and choose one that they can all send and receive well. The three attackers start at the back line of their area and pass the ball between each other as they move forwards towards the goals. Players must not move when they are holding the ball. After three passes the attackers can try and score a goal by throwing the ball so that it bounces in either of the two hoops. The defender, who is not allowed to touch the attackers, must try to intercept the passes and stop the attackers from scoring. After taking a</p>	<p>Footballs Hoops</p>



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	<p>Keeping possession and control of the ball.</p>	<p>What do you do with your hands as you prepare to catch?</p> <p>How could you pass the ball when there is a defender in the way?</p> <p>When you are defending what could you do to make it difficult for the attackers to pass?</p>	<p>shot whether successful or not, the attackers must return to the back line and start again. Each team plays for three minutes before swapping roles.</p>	
<p>I can keep control of the ball while travelling (dribbling)</p>	<p>Send and receive a ball with hands, feet, racquet and bat with increasing accuracy to a target, space or team mate</p> <p>Use space well by finding and moving into a free space/passing to team mates when they are in a good space</p> <p>Understand own and others' strengths and weaknesses and have the confidence to practise to improve</p>	<p>What is dribbling?</p> <p>What is the correct way to dribble?</p> <p>When is dribbling used?</p>	<p>Warm-up: Dishes and domes</p> <p>BH and HK supervise activities</p> <p>Activity 1: Identifying how to dribble correctly</p> <ul style="list-style-type: none"> - Children in pairs – 1 ball per pair - Explain that dribbling means moving/travelling with the ball - allow children to take it in turns to dribble around the area with a ball - Bring all children in and choose 2 confident children to demonstrate the correct technique – Ball close to foot, small little touches, head up, look down occasionally to check ball is still at feet - Allow children to go back and practise using correct technique <p>Differentiation HA chn – ask them to ask use their weaker foot</p> <p>Activity 2: Dribbling around cones</p> <ul style="list-style-type: none"> - Differentiation by grouping – group children by ability – 6 groups of 5 - Set cones up – x x x - Children to dribble around the cones, starting at 1 and dribbling in and out <p><u>Progression</u> – as all chn get more confident add an extra cone or 2 (x x x x x)</p> <p><u>Progression</u> for HA chn – Bring cones closer together and have chn dribble round – if they touch cone they to do 10 star jumps – emphasis keeping ball under control and close (x x x x x)</p> <p>Activity 3: Dribbling under pressure</p> <ul style="list-style-type: none"> - Divide class in to 2 ability groups HA and LA 	<p>Cones</p> <p>Footballs</p>



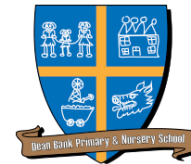
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			<ul style="list-style-type: none"> - Set up an area using cones in a square shape, big enough for chn to be able to dribble comfortably - Allow 1 group to go at a time – all chn in that group to have a ball – aim is for chn to dribble around area whilst trying to kick each others ball out of grid – winner is last child still with ball in grid – then swap groups over to allow others to play <p>Modified game - Through the gate</p> <ul style="list-style-type: none"> - Divide class in to 2 teams - Set up area as follows – 4 goals in opposite corners <pre style="margin-left: 40px;"> x x x x x x x x </pre> <p>In order for teams to score they must dribble the ball through 1 of the goals – they cannot score in same goal twice</p> <ul style="list-style-type: none"> - If area is too crowded split class in to 4 teams and have 2 games going on at once. <p>Cool down: Keepie Upies – How many times can you bounce the ball on your knee?</p>	
<p>I can accurately pass a ball</p>	<p>Keep games going because they have the skill and control to do so e.g. selecting the best place to pass to a team mate or to outwit an opponent, join actions together like move, receive, shoot .</p> <p>Send and receive a ball with hands, feet, racquet and bat with increasing accuracy to a target, space or team mate</p> <p>Keep possession of the ball</p>	<p>What are the teaching points for passing a ball?</p> <p>What do we do in order to pass further?</p> <p>How can we stop the ball?</p>	<p>Warm-up: Captain's deck</p> <p>BH and HK supervise activities</p> <p>Activity 1 – <i>Identifying how to pass</i></p> <ul style="list-style-type: none"> - Guided discovery – allow ch to have 1 ball in pairs and let them go away and practice how to pass – they have to work out as a pair the teaching points of the pass? (If they were to teach someone how to pass a ball what would they need to tell them?) - Discuss correct teaching points - then allow ch to practise passing the ball. - After 3 mins of ch passing get them to discuss with their partner and as a class how's best to stop the ball – 	<p>Cones Footballs</p>



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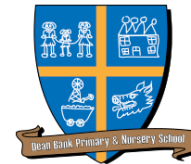


			<p>Progression</p> <ul style="list-style-type: none"> - Allow children to increase distance between them as they get confident with passing – stepping back when they know they can pass at each distance <p>Activity 2 – Accurate passing</p> <ul style="list-style-type: none"> - Ch in pairs to place 2 cones between them creating a gate – ch aim is to pass the ball accurately to their partner so it goes through the gate <p>Progression for MA - Ch to make gate smaller</p> <p>Activity 3 – Passing under pressure</p> <ul style="list-style-type: none"> - Two pairs join together and play piggy in the middle (3v1) – In order to score 2 passes must be made, if the piggy gets it they get a point, 1st to 5 points then swap piggy. <p>Game play – 4v4</p> <ul style="list-style-type: none"> - Group ch by ability and allow them to play against each other - HA - 3 complete passes = 1 goal; LA – 2 complete passes = 1 goal <p>Cool down: Jog around the space and get into groups of the number called. Finish with 2.</p>	
<p>I can pass the ball whilst moving</p> <p>I can shoot</p>	<p>Keep games going because they have the skill and control to do so e.g. choosing the right time to pass</p> <p>Use space well by finding and moving into a free space/passing to team mates when they are in a good space</p> <p>Have the confidence to try out new skills and recognise which skills they need to practise</p>	<p>Why do you think it's important that we can pass on the move?</p> <p>Why is important to be able to pass accurately? What helps this?</p> <p>What is the correct shooting technique?</p>	<p>Warm-up: Passing relays</p> <p>Recap passing technique from last lesson.</p> <p>BH and HK supervise activities</p> <p>Activity 1 – Passing on the move</p> <ul style="list-style-type: none"> - Ch in pairs to dribble around the field passing the ball between them <p>Progression</p> <ul style="list-style-type: none"> - 4 lines of ch – 2 lines standing opposite each other with a gap of 5 metres apart, ch at start of all lines have a ball they dribble their ball towards the opposite line and when they get close they pass the ball to the person at the front of the line – remind ch 	<p>Cones</p> <p>Footballs</p>



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			<p>that they need to think about timing of their pass and that they must keep their head up</p> <p>Activity 2 – Shooting (<i>Can use actual football goals and rotate groups using them</i>)</p> <ul style="list-style-type: none"> - Explain how to shoot – same as passing technique but more power behind – Q - How do we get more power? <p>1. 5 equal groups of ch – set up 5 goals around the field (using cones) – 1 group at each goal</p> <ul style="list-style-type: none"> - Place a cone 2m out from goal – ch to take it in turns to practice shooting from that cone <p>Progression for HA</p> <ul style="list-style-type: none"> - Place 5 cones in semicircle 3m out from goal – ch to take it in turns to try shooting from different angles <p>← ← Set out as follows</p> <p>Activity 3 – Passing and shooting</p> <ul style="list-style-type: none"> - Ch in pairs to dribble and pass the ball to get near goal to shoot the ball. When they get to a cone they must pass the ball to their partner and do this for 3 cones, then child with ball at last cone shoots in to the goal – <p>Have 5 areas set up as below. x = cones o = goal</p> <pre style="margin-left: 40px;"> x x o x o </pre> <p>HA children to move at a faster speed and use both feet</p> <p>Game play – Through the gate (see diagram at bottom of page)</p> <ul style="list-style-type: none"> - 2 pitches set up with 4 goals on each pitch, the goals placed just inside each corner of the pitch 	
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			<p>- In order to score the ball must be shot through a goal for LA; HA chn must shoot ball through goal and must be stopped by player on other side.</p> <p>Cool down: Run, jog, walk</p>	
<p>I can tackle and keep possession of the ball.</p> <p>I can defend the goal</p>	<p>Develop a range of defence and attacking skills in invasion, net/wall, striking/fielding type games to prepare them to play mini versions of traditional games played in upper KS2</p> <p>With others, decide and try out different ideas/tactics to outwit an opponent in defence and attack</p> <p>Keep possession of the ball</p>	<p>What is the correct tackling technique?</p> <p>When defending how do we stand?</p> <p>Why is closing the attacker down a good defending skill?</p>	<p>Warm-up: Numbers run</p> <p>Recap all skills learnt in previous lesson</p> <p>BH and HK supervise activities</p> <p>Activity 1 – Tackling</p> <ul style="list-style-type: none"> - Explain to children that if you make contact with a person and not the ball you give them a free kick and their team gains possession - Ask individuals to model how to tackle (body sideways on, step in with one foot (try to get next to or close to ball), then keeping other leg strong strike the ball) - In pairs ch take it in turns to dribble up to each other, partner without ball tackles their partner – 5 turns each then swap <p>Activity 2 – Defending</p> <ol style="list-style-type: none"> 1. Explain defending technique - Standing sideways on, closer to person you are marking, but not right near them <ul style="list-style-type: none"> - In groups of 3 – 1 person defending and 2 trying to pass the ball between them (piggy in the middle) – defender to stand how we discussed and to try and stop a pass being made – attackers score a goal by making 2 passes, defender gets a point every time they get the ball – 1st to 5 points then swap defender 2. Explain to ch that instead of intercepting passes we can try and make attacker make a mistake by closing them down - In same groups – 1 person defender, 2 attackers – defender passes ball to 1 of the attackers and then closes them down - Attackers take it in turns to pass ball to defender (defender has 4 tries then swap roles) <p>Game play – Through the gate</p>	<p>Cones</p> <p>Footballs</p>



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			<p>- 2 pitches set up with 4 goals on each pitch, the goals placed just inside each corner of the pitch. In order to score the ball must be shot through a goal – teams can get extra points for every time someone tackles and gets the ball off the other team.</p> <p>Cool down: Follow the leader</p>	
I can develop attacking skills	<p>Develop a range of defence and attacking skills in invasion, net/wall, striking/fielding type games to prepare them to play mini versions of traditional games played in upper KS2</p> <p>With others, decide and try out different ideas/tactics to outwit an opponent in defence and attack</p> <p>Keep to the rules so that they and others enjoy and are challenged</p> <p>Encourage team mates to do well</p>	<p>What is important to do when defending?</p> <p>What is important when we are attacking? What are the teaching points for the tackle?</p> <p>Why is using space important?</p>	<p>Warm-up: traffic lights</p> <p>Recap all skills learnt in previous lesson.</p> <p>BH and HK supervise activities Activity 1 – Attacking skills - Recap use of space and discuss why we need to use space. - In groups of 4 – children practise 3 v 1 and using space in a square grid – 3 passes to score 1 goal for attackers and defender to get ball to score 1 point – 1st to 5 points and swap – Emphasis on using space – once ch pass ball they need to move in to a space</p> <p>Activity 2 – Triangle play - Same groups as above and same activity - This time the attackers need to think about always staying in a triangle shape between them. Allow ch time to play with the triangle shape in mind – then give them time to discuss why we should try and use the triangle shape when attacking.</p> <p>Game play - 2 pitches with a goal at either end and 4 teams - Aim is for teams to score a goal – when a goal is scored a ball starts in centre with team who haven't scored - Play 4 minute games then rotate teams round</p>	<p>Cones Footballs</p>
			<p>Core task to be repeated at the end of the unit to be able to evaluate children's progress.</p>	