

Lunch Menu Week 3

MONDAY

Tomato Pasta Bake



Homemade Cheese and Tomato Pizza with Oven Baked Potato Wedges



Jacket Potato with a Choice of Fillings



Sandwich Selection

TUESDAY

Pork Sausage with Mashed Potato and Gravy

Vegetarian Sausages with Mashed Potatoes and Gravy



Jacket Potato with a Choice of fillings



Sandwich Selection

WEDNESDAY

Roast Chicken with Roast Potatoes, Sage and Onion Stuffing and Gravy

Macaroni Cheese



Jacket Potato with a Choice of Fillings



Sandwich Selection

THURSDAY

Cottage Pie with Gravy



Veggie Burrito with Wholegrain Rice



Jacket Potato with a Choice of Fillings



Sandwich Selection

FRIDAY

Breaded Fish Fingers with Chipped Potatoes

Crispy Quorn Nuggets with Chipped Potatoes



Jacket Potato with a Choice of Fillings



Sandwich Selection

MAIN MEALS

SIDES

Mixed Salad
Coleslaw



Cabbage
Sweetcorn



Carrots
Peas



Sweetcorn
Broccoli



Baked Beans
Peas



DESSERTS

Strawberry Jelly

Chocolate Cake with Fruit Slices



Vanilla Cake with Custard



Lemon Cookie with Fruit Slices


Chocolate Ice Cream


Freshly Prepared Salad Served Daily




AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian

 Wholegrain

 Nutritionist's choice

 Oily fish

 Fruity!