

Lunch Menu Week 2

MONDAY

Herby Tomato Pasta



Homemade Cheese and Tomato Pizza with Oven Baked Potato Wedges



Jacket Potato with a Choice of Fillings



Sandwich Selection

TUESDAY

Butter Chicken Curry with Wholegrain Rice



Meatless Balls in Tomato Sauce with Wholemeal Pasta



Jacket Potato with a Choice of Fillings



Sandwich Selection

WEDNESDAY

Roast Gammon with New Potatoes, Yorkshire Pudding and Gravy

Quorn Roast with New Potatoes, Yorkshire Pudding and Gravy



Jacket Potato with a Choice of Fillings



Sandwich Selection

THURSDAY

Beef Bolognese with Wholemeal Pasta



Cheese and Onion Pasty with Mashed Potatoes and Gravy



Jacket Potato with a Choice of Fillings



Sandwich Selection

FRIDAY

Southern Fried Chicken with Chipped Potatoes

Veggie Fingers with Chipped Potatoes



Jacket Potato with a Choice of Fillings



Sandwich Selection

MAIN MEALS

SIDES

DESSERTS

Freshly Prepared Salad Served Daily

Baked Beans
Coleslaw



Curried Cauliflower
Sweetcorn



Cabbage
Carrots



Big Bowl Salad
Broccoli



Baked Beans
Peas



Orange Jelly

Crispy Crackle Bar
with Fruit Slices



Lemon Drizzle Cake
with Custard




Ginger Biscuit
with Fruit Slices


Strawberry Ice Cream


AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian

 Wholegrain

 Nutritionist's choice

 Oily fish

 Fruity!

