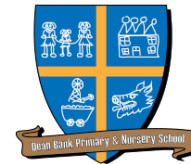




Dean Bank Primary School

PE - Medium Term Plan



Subject Area: Cricket (Striking and Fielding)

Term: Summer

Class: 6

<u>Core Task</u> Pairs Cricket	<u>National Curriculum</u> -Use running, jumping, throwing and catching in isolation and in combination -Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending -Send and receive the ball with hands and feet
<u>Key Terms</u> Bat, ball, bowl, batter, bowler, fielder, wicket, wicket keeper, run, overarm, stance, crease, over, innings	<u>Key Skills</u> - See core task lesson 1

Learning Objective	Skill Focus (Physical Skills, Thinking Skills, Team Skills)	Key Questions	Activities and Differentiation
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<p>Core task</p> <p>To select different shots to be used when batting</p> <p>To bowl accurately using an appropriate technique</p> <p>To stop, catch and throw the ball effectively when fielding</p> <p>To choose some effective tactics</p> <p>To know when to run</p> <p>To apply rules consistently and fairly</p> <p>To use simple practices to improve</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate • Demonstrate the confidence and competence to successfully take part in the range of games as described above • Demonstrate the perseverance to improve • Make decisions quickly in a game • Understand the transference of skills from one type of game to another and apply appropriately • Change tactics / roles as necessary for the success of the whole team • Control the feelings experienced e.g. nervousness / excitement / disappointment to help themselves and others enjoy themselves • Explain why they have used particular skills or techniques, and the effect they have had on their performance 	<ul style="list-style-type: none"> • Why were / weren't you out? • Why did you play the shots that you chose? • How did you choose to retrieve the ball and why? • In what way did you return the ball to the bowler? Why? • What were the best things about your performance in the game? • What could you have improved? Why? How could you improve in this area? 	<p>The core task involves a team of two batters trying to score runs by hitting a ball and running between the wickets whilst a team of fielders try to prevent them scoring.</p> <p>The game is played by dividing eight players into four pairs. Pair 1 will be batters who start with 20 runs, pair 2 a bowler and a wicketkeeper, pair 3 two legside fielders (the side the batter has their back to) and pair 4 two offside fielders (the side the batter is facing).</p> <p>Pairs rotate to new roles after 12 good balls (two overs).</p> <p>There are no boundaries. Batters may only run if they hit the ball in front of them. Batters lose 3 runs each time they are caught or run out.</p>
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I can use different shots when batting

- Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate
 - Demonstrate the perseverance to improve
 - Change tactics / roles as necessary for the success of the whole team
 - Reflect on own and others' performance to help improve personal and team skills and performance
- How should you be stood if receiving a ball as a batter? Where would you be stood?
 - Why should you keep your eye on the ball at all times?
 - Where would be best to hit the ball? Why?
 - Which shot did you use? Why? Could you have used a different one?

Warm up - In groups of 4, chn to pass ball around a square in different ways.

Give chn bats/stumps to hold. Show how to grip correctly. Using line give chn opportunity to practise stance.

Skills - Model a drive (straight) shot to chn.

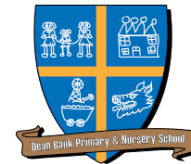
- Stand with your weight forwards and both elbows bent.
- Take the bat backwards.
- Hold your front elbow high and pointing at the ball.
- Watch the ball at all times.
- Raise your right heel off the ground to help your body move forward.
- Push the bat through in the direction you want the ball to go.
- Keep your head over your front foot

In 3's chn practise straight drive, under arm throw to batter, batter aims to hit to fielder who is straight on.
LA - Drop ball rather than bowl or use tee. Encourage HA to try drive on floor and off - the fielder to move to slight left or right to practise aim.

If chn are confident, model sweep shot and glance. Same game but fielder to move to encourage appropriate shot.
LA to move onto next step as appropriate.



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			<p>Discuss why a batter may want to hit the ball into space?</p> <p>Game - Beat the ball (3 cones, a bat and ball) 2 cones at least 4m part. Another 90 degrees and at least 4m away from batter.</p> <p>Batter and 3 fielders. Bowler and 1 Fielder allowed to move. Another fielder must stay at cone (the one the batter has to run to. Bowler bowls underarm and batter has to hit the ball to space. Fielders who can run have to try and get ball back to fielder stuck on cone as quick as possible. If caught batter gets no runs for that go. Each batter gets 6 balls before swapping.</p> <p>(Distance between cones, how ball is bowled or with tee can be adjusted for LA)</p> <p>Cool down - Different types of stretching.</p>
<p>I can bowl using an overarm action</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate • Demonstrate the perseverance to improve 	<p>-Where should your fingers be on the ball?</p> <p>-Where should you aim the ball? Do you always aim in the same place?</p>	<p>Warm-up: Quick runs. Chn run to the line called and back as quickly as possible.</p> <p>Show chn a cricket ball, discuss the seam. Explain there are different</p>



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	<ul style="list-style-type: none">• Control the feelings experienced e.g. nervousness /excitement / disappointment to help themselves and others enjoy themselves• Reflect on own and others' performance to help improve personal and team skills and performance	<p>-How could you improve your technique?</p> <p>-How could your partner improve? What are they doing well?</p>	<p>bowling techniques, but we are looking at a straight arm. Model correct grip:</p> <ul style="list-style-type: none">• Grip the ball with your index and middle fingers and your thumb.• Your ring finger should be bent so that the edge of it touches the side of the ball. <p>Give chn opportunity to practise grip with a ball. Then model action: Stand sideways on to the batsman.</p> <ul style="list-style-type: none">• Raise your front arm (the one not holding the ball) and lean back slightly.• Hold your bowling arm straight and back behind your head.• Stamp your front foot down in line with the wicket.• Make a windmill motion with both your arms held straight.• Your arm is straight at the top of the bowling movement.• Your arm should brush past your ear.• Release the ball as it passes your head.• Look up at the wicket. <p>Skills - Pairs practise. Two cones and ball. Chn to stand at least 4m apart and practise bowling to each other, giving feedback to each other. WH/BH focus on LA (decrease distance if needed).</p>
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			<p>Hoop bowling - Chn to put hoop around $\frac{3}{4}$ of the way between each other. One bowls 6 balls before swap. Aim is to get ball to land and bounce in hoop before partner catches. (Change hoop sizes for LA/HA)</p> <p>Game - Target bowling (groups of 3-5 - wicket, ball and seven cones) Chn to set up wicket with cone for where bowlers will stand. Six cones set up in line around $1\frac{1}{2}$ m for wicket. One person is wicket keeper. Bowlers aim to hit cone and then bounce to hit wicket. Hit cone (remove cone), hit cone and then wicket (remove 2 cones). How many balls can the cones be gone in?</p> <p>Cool down - Follow the leader</p>
<p>I can intercept and stop the ball when fielding and return it effectively</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate • Make decisions quickly in a game • Understand the transference of skills from one type of game to another and apply appropriately • Change tactics / roles as necessary for the success of the whole team 	<ul style="list-style-type: none"> • What is the job of a fielder? What skills do they need? • How can you stop the ball passing you? • How can you return the ball? What would be quickest? Is that always best? 	<p>Warm up - Pairs practise bowling technique and drive (slow balls only)</p> <p>Discuss the job a fielder, what do they need to do? What would help them do this well?</p> <p>Model intercepting a ball by going down on a knee, making leg a barrier and using hand to receive the ball.</p>



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		<ul style="list-style-type: none">• Where would be best to stand? Why?	<p>Skills - Chn to practise in pairs rolling ball at each other. (Bigger ball for LA if needed - LS to support with chn struggling with technique)</p> <p>Move on to one child standing behind the other and rolling the ball away. The other has to run around the moving ball and block. Then roll back. (Change speed of roll to simplify/challenge).</p> <p>Discuss other way of returning the ball. Recap correct catching technique, and throwing overarm ensuring chn consider they want the partner to catch. Chn then attempt this if appropriate.</p> <p>Apply - Trios cricket (4 people needed) (ball, two cones, bat)</p> <p>One person to bowl (slow balls), one person batter (drive shot), one fields. The fielder to retrieve the ball and return to bowler as quickly as possible. (Fourth person timing). Swap roles after 6 balls.</p> <p>Cool down - Knockdown the stumps game</p>
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<p>I can use tactics in a game when batting and fielding</p>	<ul style="list-style-type: none"> • Make decisions quickly in a game • Change tactics / roles as necessary for the success of the whole team • Reflect on own and others' performance to help improve personal and team skills and performance • Explain why they have used particular skills or techniques, and the effect they have had on their performance • Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate 	<ul style="list-style-type: none"> • Where should the fielders be? Why? Should they be there for this batter? Why? • Why did/didn't you run? • How did you return the ball? Why? • Where is the best place for ____? Why? 	<p>Warm up - In group of 4 chn to pass the ball round square in different ways (encourage use of fielding techniques)</p> <p>Discuss the two teams involved in cricket, what is the aim of each side? How can the batters score more runs? How can the bowlers/fielders stop them? Discuss tactics to consider.</p> <p>Skills - Small group game - fielder focus (5s) One batter, one bowler, three fielders. Chn set up pitch and wicket. Batter to face six balls and attempt to get as many runs as possible. Bowler and fielders have to decide tactics to prevent them from scoring. (Tee/underarm bowling to support LA)</p> <p>Small group game - batter focus (6's) Now two batters in each game. Discuss idea of deciding when to run as well as where to hit. Same rules as above.</p> <p>Cool down - Follow the leader</p>
<p>Repeat core task</p>	<ul style="list-style-type: none"> • See first lesson 	<ul style="list-style-type: none"> • See first lesson 	<p>See first lesson.</p>