



Dean Bank Primary School

PE - Medium Term Plan



Subject Area: PE - Invasion Games

Term: Spring 2

Class: 6

<p><u>Core Task</u></p> <p>Tag rugby (Durham core tasks)</p>	<p><u>National Curriculum</u></p> <ul style="list-style-type: none"> Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending Compare their performances with previous ones and demonstrate improvement to achieve their personal best
<p><u>Key Terms</u></p> <p>Invasion, tactics, attacking, defending, possession, repossession, covering, supporting, team play</p>	<p><u>Key Skills</u></p> <ul style="list-style-type: none"> Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate in traditional NGB's mini versions of invasion, net/wall, striking/fielding games e.g. Tag Rugby, High 5 Netball, Football, Basketball, Qwik Cricket, Mini Tennis, Rounders Demonstrate the perseverance to improve Understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team Understand the transference of skills from one type of game to another and apply appropriately Challenge and encourage each other to perform to the best of their ability

Learning Objective	Skill Focus (Physical Skills, Thinking Skills, Team Skills)	Key Questions	Activities and Differentiation
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<p><u>Core task assessment</u></p> <p>To pass and shoot with accuracy and fluency</p> <p>To understand the transference of skills from one game to another</p> <p>To develop the tactics needed to play tag rugby successfully</p> <p>To be able to persevere and improve</p> <p>To understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, feet, racquet and bat with accuracy to a target, space or team mate in traditional NGB's mini versions of invasion, net/wall, striking/fielding games e.g. Tag Rugby, High 5 Netball, Football, Basketball, Qwik Cricket, Mini Tennis, Rounders • Demonstrate the perseverance to improve • Understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team • Understand the transference of skills from one type of game to another and apply appropriately • Challenge and encourage each other to perform to the best of their ability 	<p>What tactics did you use to stop your opponents from scoring?</p> <p>What is your opponent good at? How did this affect the way you played the game?</p> <p>What skills do you need to be able to play tag rugby well?</p> <p>How can you try to dodge an opponent?</p> <p>What is the best way to perform passes to your team mates?</p> <p>How can what we learned playing netball help us with tag rugby?</p> <p>What skills do you need to improve? How can you do this?</p>	<p>Tag rugby core task -</p> <p>Chn aim to beat the opposition by scoring more tries by running, evading, handling and passing.</p> <p>Game is 5v5 on a pitch around 20m x 40m. Everyone must touch the ball before a try is scored.</p> <p>Defenders can try to stop the attackers from scoring by removing their tag belt so they have to pass to another member of their team. Passes must be made backwards.</p>
<p>I can begin to accurately pass and receive a rugby ball</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, with accuracy to a team mate • Challenge and encourage each other to perform to the best of their ability • Compare their performances with previous ones and demonstrate improvement to achieve their personal best 	<p>How do we pass the ball correctly in tag rugby?</p> <p>How can we make our passing more accurate?</p> <p>Which rules are there to remember when passing in rugby?</p>	<p>Warm up - numbers represent lines on pitch. Run to the number called as quickly as possible.</p> <p>Skills - Can the chn remember how to hold and throw the rugby ball to a teammate from Y5? How should we have our hands to catch the ball effectively?</p>



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	<ul style="list-style-type: none"> • Pass with accuracy and fluency while on the move 	<p>How many passes can your team do without dropping the ball?</p> <p>How could you improve your passing?</p>	<p>Chn to begin by practising passing backwards and forwards to a team mate. HA in larger group with BH calling challenges to spread out, speed up etc. Move onto passing while travelling. Why is this important for tag rugby? Chn to ensure they are in front of the team mate they wish to pass the ball to. Mini games to see who can pass and travel at speed and then with accuracy. Count total number of passes before dropping and try to beat previous scores.</p> <p>Application - Move onto small games to pass ball and then try to score a try - introduce 2 defenders against 3 or 4 attackers. HA to play on even teams for more challenge.</p> <p>Cool down - Passing circles - how many complete circles can they complete in 2 minutes?</p>
<p>I can find space to receive a pass.</p>	<ul style="list-style-type: none"> • Send and receive a ball with hands, with accuracy to a team mate • Demonstrate the perseverance to improve • Control the feelings experienced e.g. nervousness /excitement / disappointment to help themselves and others enjoy themselves 	<p>How far away should you be from a team member when attacking?</p> <p>How could we change this play?</p> <p>How can we try to beat this opponent?</p> <p>If there is 2 vs 1 how could we use the extra team member to get past the defender?</p>	<p>Warm up - Look at the passing drills from last week and recap the technique when passing the ball. Go over the same drills and look at the line that we demonstrated last week.</p> <p>Skills - Recap strategies for passing. Look at working with the person receiving a ball and when to be close and when to be further away. Look at 2</p>



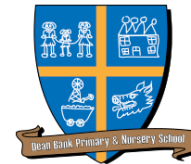
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			<p>vs 1 scenario. Drills to practise finding space before teammate passes ball.</p> <p>Application - Play small games to showcase skills used. Chn in ability groups. Smaller space and fewer in team for LA chn. BH to support.</p> <p>Cool down - Simon Says instructions game</p>
<p>I can develop confidence with tagging opponents</p> <p>(2 sessions)</p>	<ul style="list-style-type: none"> • Understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team • Understand the transference of skills from one type of game to another and apply appropriately • Make decisions quickly in a game 	<p>How can you try to dodge an opponent?</p> <p>What tactics can you use to stop your opponents from scoring?</p> <p>How can you tag your opponents well?</p> <p>What skills do you need to improve?</p> <p>How can you do this?</p>	<p>Warm up - Play warm up game with games of bull dog with the person who is 'on' having to collect tags. Once chn lose both of their tags they have to help tag others.</p> <p>Skills - Recap passing technique and then ask if the chn remember how they can get their opposition to pass the ball? Model tagging technique and ensure chn understand this with some practice. Drills to work in small groups with 2-3 players trying to pass the ball and travel to score. One player is the tagger who will try to tag the attackers. BH to support LA chn.</p> <p>Application - Build up number of players for chn who are more confident so they can play 4 x 4 or 5 x 5 games. Less confident to stay working in 3s and rotate. Smaller space for LA to give chn better chance to get opponent's tags. KLH and BH to</p>



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			referee and provide support where needed. Cool down - Collect the tags game in 2 teams.
I can develop confidence with intercepting the ball	<ul style="list-style-type: none">• Understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team• Understand the transference of skills from one type of game to another and apply appropriately• Explain why they have used particular skills or techniques, and the effect they have had on their performance• Demonstrate the confidence and competence to successfully take part in the range of games as described above• Make decisions quickly in a game	<p>Why is intercepting the ball important?</p> <p>Where have you intercepted the ball in other games? How can you use that to help you in tag rugby?</p> <p>How can you intercept the ball effectively?</p> <p>Which role do you think you are best at and which do you need to improve?</p>	<p>Warm up - Tag bulldog</p> <p>Skills - Recap tagging rules from last week. What is it called when we try to catch the ball when an opponent throws it? When is a good time in the game to try to intercept the ball? Discuss throws ins and when a player is tagged.</p> <p>Set up drills where chn are in small sided teams and then a player is tagged and the other team try to intercept the ball. KLH and BH to model this. Begin without tags for LA chn. Rotate roles and give all chn a chance for intercepting the ball.</p> <p>Move onto practising throws ins and opponents try to intercept.</p> <p>Application - Chn to work in ability groups to play games to appl skills from previous weeks. KLH and BH to watch out for good examples of interception and highlight these. Prompt LA chn where suitable opportunities arise.</p>



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			Cool down - Passing circle - how many passes before dropping the ball? Mixed ability - 3 teams.
<p>I can develop an understanding of the rules of tag rugby</p> <p>(3 sessions)</p>	<ul style="list-style-type: none"> • Pass with accuracy and fluency while on the move • Send and receive a ball with hands, with accuracy to a team mate • Challenge and encourage each other to perform to the best of their ability • Understand own and others' strengths and weaknesses and how to choose the most competent person for a specific role within the team • Understand the transference of skills from one type of game to another and apply appropriately • Demonstrate the confidence and competence to successfully take part in tag rugby • Make decisions quickly in a game • Change tactics/roles as necessary for the success of the whole team 	<p>What are the main rules to follow when playing tag rugby?</p> <p>What tactics did you use to stop your opponents from scoring? What skills do you need to be able to play tag rugby well?</p> <p>What is the best way to perform passes to your team mates?</p> <p>What skills do you need to improve? How can you do this?</p>	<p>3 sessions to focus on combining skills into games with a focus on developing an understanding of the rules.</p> <p>Warm up - Recap any further passing, catching and defensive skills in warm ups depending on children's progress.</p> <p>Skills / Application - Gradually introduce rules to LA chn with HA chn with prior knowledge playing in separate games with full rules.</p> <p>HA chn to take turns being the referee to demonstrate their confidence with the rules. BH and KLH to support chn with refereeing.</p> <p>Cool down - Range of cool downs that the chn can choose/ lead.</p>
Core task assessment	<ul style="list-style-type: none"> • As initial task 	<p>How do you think you have improved over this unit?</p> <p>What have you enjoyed most about tag rugby?</p>	Core task review



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		<p>What skills have you used from other sports to help with your rugby skills?</p> <p>How can we use some of our rugby skills in other activities?</p> <p>What skills do you need to be good at tag rugby?</p>	<p>Repeat core task and video - watch initial task with the chn and discuss how they have improved.</p>
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