

DANCE in EYFS and KEY STAGE 1 – development of skills linked to the core assessment tasks

National Curriculum Statements of Attainment	Core Assessment Tasks:
Pupils should: <ul style="list-style-type: none"> develop fundamental movement skills become increasingly competent and confident in extending their agility, balance and co-ordination, individually and with others in increasingly challenging situations perform dances using simple movement patterns 	<i>Pre Level 1/Level 1</i> – Moving Along, Themes and Dreams <i>Level 1</i> – Cat Dance, How Does it Feel? <i>Level 2</i> – Round the Clock, Machines <i>Level 2/3</i> – Indian Delight

4-7 yrs	EYFS	Key Stage 1
Compose	<ul style="list-style-type: none"> Spontaneously respond to a variety of stimuli through movement Move with appropriate actions and timing in response to stimuli Explore and develop control of movement using: Actions (WHAT) – walk, jump, land, hop, skip, stretch, twist, turn Space (WHERE) – forwards, backwards, sideways, high, low, safely showing an awareness of others Relationships (WHO) – copy teacher/performer, on own and beginning to interact with a partner Dynamics (HOW) – slowly, quickly, smoothly, jerkily Begin to use own ideas to sequence dance Begin to sequence and remember a short dance 	<ul style="list-style-type: none"> Respond appropriately to a variety of stimuli through movement Move with appropriate actions and timing in response to stimuli Develop control of movement using: Actions (WHAT) – travel, stretch, twist, turn, jump Space (WHERE) – forwards, backwards, sideways, high, low, safely showing an awareness of others Relationships (WHO) – on own and with a partner by teaching each other 2 movements to create a dance with 4 actions Dynamics (HOW) – slowly, quickly, with appropriate expression Use own ideas to sequence dance Sequence and remember a short dance Show the spatial awareness to make the transition from whole group/solo dance to duet and back to whole group/solo
Perform	<ul style="list-style-type: none"> Show interest by observing or participating in dance activities Display high levels of involvement in exploring and performing dance movements Maintain attention and concentration when exploring and performing in dance activities Demonstrate a rhythmical response which shows increasing co-ordination, strength and control Self initiate dance performance Express feelings through movement Copy and repeat dance actions 	<ul style="list-style-type: none"> Move spontaneously showing some control and co-ordination Move with confidence when e.g. walking, hopping, jumping, landing Move with rhythm in the above actions Demonstrate good balance, which comes from an increasing awareness, control and strength in the core when bending, stretching, twisting and turning Move in time with music Co-ordinate arm and leg actions e.g. march and clap Interacts with a partner e.g. holding hands, swapping places, meeting and parting
Appreciate	<ul style="list-style-type: none"> Demonstrate an appropriate response to stimuli Describe simple dance actions using the appropriate vocabulary Express and communicate feelings and preferences in own and others' dance 	<ul style="list-style-type: none"> Use imagination in dance activities Respond in a variety of ways through movement to a range of stimuli Respond to own work and that of others when exploring ideas, feelings and preferences Recognise that dance is an enjoyable activity Recognise the changes in the body when dancing and how this can contribute to keeping healthy
Communication and understanding of health	<ul style="list-style-type: none"> Describe how the body feels when still and when exercising. Talk about what they have done. Talk about what others have done. 	<ul style="list-style-type: none"> Recognise and describe how the body feels during and after different physical activities. Explain what they need to stay healthy. Watch and describe performances and use what they see to improve their own performance. Talk about the differences between their work and that of others.